

**Community Nutrition Group
Professional Development Meeting and AGM**

**Centenary Gallery, Leeds University, Leeds
Thursday 13th November 2008**

**Community
Nutrition
Group**



Programme*

Welcome

9.15 Registration and Morning Refreshments

9.40 Welcome address and Introduction - Jackie Loach Chair CNG

Session 1 10.00-12.45

Hot topics

Wholegrains and health - The evidence behind the 3 a day message
Bridget McKeivith, Cereal Partners UK

Skeletal Strength- calcium and vitamin D for all ages
Elphee Medici, RD for Yoplait

11.00 -11.25am Refreshment break and networking

Is a healthy diet a sustainable diet? Or 'The Food Chain Programme' (title tbc)
Rachel Muckle, Social Science Research Manager, DEFRA

Healthy Weight Healthy Lives-Strategies and Practice
Jane Riley, Associate Director of Public Health, Yorkshire and the Humber

Obesity – are the new SIGN guidelines NICE?
Fiona Clarke Public Health Dietitian, NHS Highland

"Obesity" - Questions to the panel

12.45-1.30 Lunch with exhibition and networking

Session 2 1.30-2.30pm

Community Nutrition Matters (including the AGM of CNG)

Session 3 2.30-4.45pm

Try a new way of working? - Lessons from Practice

Working with new communities in a rapidly evolving multicultural society
Zak Ansari, Public Health Dietitian, Bradford Hospitals NHS Trust

Qualitative Research for Effective Practice: 'Nutritional Care in Care Homes: Attitudes and Experiences of Care Home Staff'
Laura Brown, Barnsley

Making the most of opportunity – Schools, local business' and healthy eating
Ruth Breese, Community Dietitian, South Warwickshire General Hospitals NHS Trust

3.15-3.45 Refreshment break and networking

Inspiration and Creativity- Evidencing your learning/CPD in a public health setting
Katie Peck, Senior Lecturer in Nutrition & Dietetics & Course Leader Post Graduate Diploma in Dietetics, Leeds Metropolitan University

Action plan and reflective practice

Evaluation and Attendance certificates

4.45pm Close

* This programme is provisional and may change. We will update the web copy if there are any changes. www.cnguk.org